

DETAILED SYLLABUS FOR THE POST OF MEDICAL OFFICER
(NATUROPATHY) NATIONAL AYUSH MISSION KERALA

Notification No: NAM/4 84/2025 -A I/SPMSU dtd: 04-07-2025

Module I – 5 Marks

Human Anatomy,

Human Physiology

Module II – 10 Marks

Biochemistry,

Philosophy and practice of yoga,

Philosophy of nature cure

Module III – 5 Marks

Pathology,

Microbiology

Module IV – 10 Marks

Yoga & Physical culture I,

Diagnostic Methods in Naturopathy,

Diagnostic Methods in Modern Medicine,

Basic Pharmacology

Module V – 10 Marks

Forensic Medicine & Toxicology,

Community Medicine,

Psychology and Basic psychiatry

Module VI – 10 Marks

Obstetrics and Gynecology

Yoga and physical culture II,

Nutrition and Herbology,

Module VII– 10 Marks

Massage and Aroma therapy,

Yoga therapy

Module VIII– 10 Marks

Hydro therapy,

Fasting and Diet therapy

Module IX– 10 Marks

Chromo therapy &

Magneto therapy,

Physiotherapy

Module X– 10 Marks

Acupuncture, Acupressure,

Minor Surgery, First Aid,

Hospital Management.

Module XI– 10 Marks

National AYUSH Mission,

Basic English

NOTE: - It may be noted that apart from the topics detailed above, questions from other topics prescribed for the educational qualification of the post may also appear in the question paper. There is no undertaking that all the topics above may be covered in the question paper